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DOCTORAL STUDENTS PLAN CAREERS IN TEACHING, HEALTH PROMOTION AND ADVANCED PRACTICE

Jeanne Alhusen, winner of the Isabel Hampton Robb Memorial Scholarship, NEF’s top award, is a doctoral student at Johns Hopkins. Her major is nursing with a focus on maternal and child health and her goal is to be a nurse educator in an academic setting that encourages students to advance excellence through nursing care, education and research. She credits the success of her own career as a family nurse practitioner to the faculty at Villanova, where she did her undergraduate studies, and at Duke where she did her master’s. At both schools, she says she was taught by professors who demonstrated clinical expertise and compassionate professionalism which she hopes to emulate in her own teaching.

Her dissertation will be on underserved pregnant women and what factors influence their health practices during pregnancy. She sees her dissertation findings as laying the foundation for a research career focused on improving maternal and child health in ethnic and racial minorities. She is currently a research team member on a NINR-funded study assessing the benefits of an RN home visitation program to improve outcomes in women impacted by intimate partner violence (IPV).

Karla Baning is a doctoral student in a BSN to DNP program at the University of Arizona. She graduated from Gateway Community College and got her BSN from Arizona State University in Tempe. Her specialty is critical care and she is studying to be an acute care nurse practitioner. She understands that doctors of nursing practice must create and define their own place in the health care system. Her goal is to contribute to the body of evidence of the value of the DNP by personal example, by conducting relevant research and establishing projects that enhance patient outcomes.

Ultimately, she would like to pilot a mixed medical/surgical unit within the hospital that is run entirely by DNPs and RNs in an intensivist model. Within this model, specialty nurse practitioners, physicians, pharmacists, dieticians and other health care professionals would be consulted as necessary. As a DNP, Ms. Baning believes she will be uniquely educated in the area of translational research, combining knowledge of nursing, medicine and research, to enhance patient care outcomes.

Shannon Munro Cohen is in her second year of the outreach PhD program at the University of Hawaii at Manoa. She is a graduate of Roanoke Memorial Hospital School of Professional Nursing, she has a BSN from Jefferson College of Health Sciences in Roanoke and her MN from Old Dominion in Norfolk. A nurse practitioner for seven years, she has published and presented at state, national and international conferences in Australia, Canada, Hong Kong, Peru, Poland, Singapore and the United States.

ARNOLD IS NEW NEF PRESIDENT

Joan Arnold is the new president of NEF. She previously served NEF as vice president, chaired its Long-Term Development Committee and served on the Bylaws Committee.

Dr. Arnold received a BS from Columbia University, 1969; MA, New York University 1975; Ph.D., New York University, 1995. Her clinical work is in community health nursing practice. Joan holds the rank of professor at The College of New Rochelle School of Nursing, and serves as a consultant to the NYS Center for Sudden Infant Death, NYC Satellite Office. She co-authored the following: A Child Dies: A Portrait of Family Grief, 2nd ed. (1994 Book of the Year, AJN); Community Health Nursing: An Alliance for Health (1998 Book of the Year, AJN); Health Promotion Handbook (1998); and Health Promotion in Practice (2006).
I am very proud to begin serving as NEF president, although it is an awesome responsibility in this time of critical nursing and faculty shortage.

NEF’s sole purpose is to provide scholarships to nurses pursuing master’s and doctoral studies. This is an important moment for NEF. We have embarked on a fundraising campaign to significantly increase our endowment and thus our ability to fund more scholars. The selection committee gets very frustrated when the choices they must make leave many qualified and talented applicants unfunded. Dollars can only be stretched so far!

Hence, our Capital Campaign—a bold undertaking but a necessary one—to raise more funds to prepare more nurses to become leaders in our profession.

The world—and the nursing world in particular—lost two luminaries this past spring: Elizabeth Carnegie and Margaret Tyson. These two pioneers were leaders in the field of nursing education. Dr. Carnegie broke down racial barriers and was always an inspiration, not only to generations of black nurses, but to all nurses. Dr. Tyson’s leadership helped guide the transition of diploma schools into university settings.

Their dedication was profound and their accomplishments are appropriately revered. They enrich our history and our memories of them will keep us focused on the values they upheld. Both were devoted and generous members of the NEF Board. Both had established NEF endowed scholarships. We celebrate the lives of these two remarkable women.

You will find the list of named scholarship funds on page 8 of this newsletter.

Donations to the Capital Campaign can be designated to any of the named scholarships.

We are also developing our planned giving program and will have more to share about this in the next few months. Stay tuned!

I look forward to serving NEF with each member of the Board during the campaign years—years we all hope will be ever more fruitful for NEF and for many more deserving nurses seeking financial support for their professional advancement.

Joan Arnold, PhD, RN
President

NEF is a not-for-profit organization that seeks and distributes funds to baccalaureate-prepared registered nurses who are in need of scholarship assistance for graduate study. NEF is administered by its members who are prominent people in nursing, other professions, and business. Nurses comprise the majority of board members.

NEF welcomes gifts of any size. Donations can be made through:
- Individual contributions
- Endowments ($50,000 or more)
- Bequests
- Annuities
- Other deferred giving

In addition, annual contributions to NEF can be designated through United Way; simply provide the NEF address on your UW form.

For additional information, please contact,

Esu Manzano, Scholarship Coordinator
Nurses Educational Funds, Inc.
304 Park Avenue South, 11th Floor
New York, New York 10010
212-590-2443
212-590-2446 (Fax)
E-mail: info@n-e-f.org
Visit our website at: www.n-e-f.org

CAMPAIN UPDATE

The Capital Campaign is off to a good start! We have met our first-quarter goal due to a generous bequest by longtime supporter Elizabeth Carnegie, who died this past spring.

The solicitation of major corporations, nursing-related vendors and foundations is getting under way. We are seeking past NEF awardees who are not in our database. If you know the whereabouts of any past recipients, please encourage them to contact the NEF office.

We encourage you to become proactive during this campaign. Look to your personal circle of family, friends and business acquaintances. Remind them that the success of our campaign will have a direct impact on the quality of health care in the U.S. If each of you brings in just one gift from a new donor of $100 or more, we will be well on our way to achieving our campaign goal of $3 million.

Additional campaign solicitation packets and brochures are available from the web site and the NEF office. Email info@n-e-f.org or call Esu Manzano, NEF office manager at 212-590-2443.

NEW ADMINISTRATOR AT NEF OFFICE

We are sorry but happy for Cameron Oro who is leaving NEF to go to Harvard for his MFA. Harvard’s graduate acting program’s actual name is The American Repertory Theatre/Moscow Art Theatre Institute for Advanced Theatre Training at Harvard University. Joining the NEF staff is Esu Manzano who has a bachelor’s degree in business/marketing from New York University.
MEET OUR BOARD MEMBERS


Ms. Adams joined Institutional Investor in 1999 as the advertising director of the Institutional Investor journals. Before joining Institutional Investor, she was a vice president of Bear Stearns on the high yield trading desk.

Ms. Adams started her career at Calyon (f/k/a Credit Lyonnais). She studied finance and French at the University of Rhode Island where she received a BS degree from the school of business and a BA in French. She also attended the University of Paris at Nanterre where she studied economics and French literature. Ms. Adams is a recreational boater and sailboat racer.

Afaf I. Meleis is professor of nursing and sociology at the University of Pennsylvania and the Margaret Bond Simon dean of nursing at the University of Pennsylvania School of Nursing. She is counsel general of the International Council on Women’s Health Issues; a fellow of the American Academy of Nursing and the College of Physicians of Philadelphia; a member of the Institute of Medicine; trustee of the National Health Museum; and a board member of the Global Health Council and CARE, a global intervention group. Dr. Meleis’ scholarship is focused on knowledge and discipline development, global health, immigrant and international health, and women’s health.

Dr. Meleis is a sought-after keynote speaker for national and international conferences on women’s health and development, disparities in healthcare, and international health. She has been invited for visiting professorships, to conduct symposia, to present keynote addresses, to serve on boards, to plan conferences and to consult on women’s health research and doctoral education nationally and internationally.

Dr. Meleis has been the recipient of numerous honors and awards, including, in 1990, the Medal of Excellence for professional and scholarly achievements, presented by Egyptian President Hosni Mubarak.

An internationally renowned nurse and sociologist, Dr. Meleis graduated magna cum laude from the University of Alexandria (1961). She earned an MS in nursing (1964), an MA in sociology (1966) and a PhD in medical and social psychology (1968) from the University of California, Los Angeles.

Hattie M. Bessent, EdD, RN, FAAN has been inducted into the ANA Hall of Fame, ANA’s highest award. Her work with ANA’s minority fellows program is legendary and now she is achieving new milestones for minority nurse leaders with Project LEAD (Leadership Enhancement And Development).

Rona Levin, PhD, RN has received the Jessie M. Scott Award for demonstrating the interdependence of practice, education and research in her work on evidence-based practice.

ELIGIBILTY FOR NEF SCHOLARSHIPS

Baccalaureate-prepared registered nurses residing in any one of the 50 states or the District of Columbia who are pursuing either a master’s or doctoral degree in nursing are eligible to apply for NEF scholarship monies.

SELECTION CRITERIA

Each candidate must:

• Be a US citizen or have declared intention officially to become a citizen.
• Hold membership in a national professional nursing organization.
• Hold a registered nurse license in one state of the United States.
• Show evidence of previous scholarship.
• Show potential for making a contribution to the profession.
• Be enrolled full or part time in a professionally NLNAC or CCNE accredited nursing master’s degree program, having completed a minimum of 12 credits (at the time of application) with a cumulative GPA of 3.6 or higher.
• Be enrolled full or part time in a doctoral program in nursing or a nursing-related field.

Completed applications must be received by March 1st of each year and be accompanied by a non-refundable application fee of $20.00. Application forms and other materials may be downloaded from the NEF website: www.n-e-f.org.

Awards are announced in early May.

NEF IS NOW ACCEPTING DONATIONS ONLINE

Contributing to the scholarship funds of NEF is easier than ever before! Through JustGive.org, you can use your credit card or debit card to donate in a matter of minutes.

Simply go to www.n-e-f.org and click on the “Donate Now” tab in the upper right-hand corner of the screen. Selecting the JustGive.org link that appears in the next window will automatically take you to NEF’s JustGive.org donation page.

Notice of your donation will be sent directly to NEF.

All major credit cards accepted.
Two top nursing leaders - M. Elizabeth Carnegie and Margaret Gould Tyson - died in 2008. Both were members of the NEF Board, Dr. Carnegie active and attending every Board meeting; Dr. Tyson, emerita.

M. Elizabeth Carnegie (1916-2008) was a distinguished educator and author, known for breaking down racial barriers and preserving the history of African American nurses. Born in Baltimore, she received a diploma from the Lincoln School for Nurses, a bachelor’s degree from West Virginia State College, a master’s from Syracuse University, and a doctorate in public administration from New York University.

Dr. Carnegie was the first dean of the school of nursing at Florida A&M University. She served on the staffs of Nursing Outlook and the American Journal of Nursing. In 1973, she was appointed editor of Nursing Research. She wrote the award-winning book The Path We Tread: Blacks in Nursing Worldwide. She founded the baccalaureate nursing program at Hampton University; served as president of the American Academy of Nursing; and received eight honorary doctorates in addition to numerous other professional awards. She was inducted into the American Nurses Association Hall of Fame in 2000.

After retiring in 1978, Dr. Carnegie served as an independent consultant for scientific writing and as distinguished visiting professor for the schools of nursing at Hampton University, the University of North Carolina at Greensboro, Pennsylvania State University, Indiana University in Indianapolis, University of Massachusetts at Amherst, University of Michigan, and Virginia Commonwealth University. She occupied endowed chairs at Adelphi and Memphis State.

Margaret Gould Tyson (1920-2008), also born in Baltimore, studied nursing first at the Woman’s Hospital of Maryland. She earned her bachelor’s and her master’s from the University of Maryland School of Nursing. She received a doctorate from Teachers College, Columbia where she would later become associate director of the department of nursing education.

She joined the faculty of the University of Virginia School of Nursing in 1955 and became acting dean in 1956 and dean in 1958. She was dean and professor of nursing at Hunter Bellevue and ended her career in 1982 as dean and professor of nursing at the State University of New York Binghamton.

In 2006 she received the Driscoll Award from the New York State Nurses Association. In 2007 she endowed the Margaret G. Tyson Dean’s Fund for Excellence Award at the University of Maryland School of Nursing in support of professional development. She was appointed by Queen Elizabeth II to membership in the Hospital Order of St. John of Jerusalem.
Lindsay Thomas, winner of the Isabel McIsaac Scholarship, is in a master’s entry program at the University of California, San Francisco. Her bachelor’s from UC Berkeley was in integrative biology and she had had articles published in the *Journals of Analytical Chemistry*.

At UCSF, she is doing a double master’s in cardiovascular and genetics nursing with a minor in nursing education. Her goal is to be a nurse specialist and educator, promoting healthy living and decreasing the incidence of cardiovascular disease, obesity and diabetes.

Last year, she completed the American Association of Colleges of Nursing Nurse Residency Program while working full time on a high acuity unit at UCSF’s Medical Center.

Ms. Thomas has had many honors: the Mildred Jordan Sharp Award for UC Berkeley Outstanding Woman 2001, the Perrin Tri Delta Award for leadership and academic accomplishment, 2001; UCSF Medical Center Acute Care Nursing Award, 2005; the Hinkley Humanitarian Award, 2005; and 2nd Runner up Miss San Francisco, 2005.

Kristen Bradley is a dedicated oncology nurse working on her master’s in oncology at the University of California, Los Angeles. She is certified to administer chemotherapy and has worked in the chemotherapy infusion room of a community cancer center for the last two and a half years. She also works part time in a hospital and believes the combination of inpatient and outpatient settings has given her a broad-spectrum awareness of oncology patients and disease management. Her goal is to be an oncology nurse practitioner, continuing in clinical practice and integrating nursing education into her career.

Susan Hatfield is working on a double master’s in nursing and in education at Xavier University in Cincinnati. She graduated from Eastern Kentucky University, College of Allied Health and Nursing, and spent four years in the Navy Nurse Corps. As a teaching assistant in the skills lab at Good Samaritan College of Nursing, she tries to teach concepts through evidence-based practice and critical thinking exercises such as concept mapping and case studies.

Her long-term professional goal is to influence nursing students to become well-rounded critical thinkers who use nursing theories and research in their practice.

Mary Johnson has worked in end-of-life care for the last 14 years and has been certified as a hospice and palliative care nurse (CHPN) since 2002. She is currently employed at a local community college as a substitute clinical nursing instructor. This experience, she writes, introduced her to “the engaging world of working with students.” She is now enrolled in the Walden on-line master’s program in the educator track.

Kelly Kollar is a certified operating room nurse at Children’s Hospital in Boston and is in a specialized joint BS and MS degree program at Northeastern University. She has become involved with robotic surgery and precepts staff in its use. She is chair of her unit’s education and evidence-based practice committees and has been active in AORN, currently as a member of the board of Massachusetts Chapter 1. She is part of a panel updating one textbook and is revising a chapter in another.

Ms. Kollar has taken on a senior nursing student for 156 hours of internship and together they are completing a research project on the use of feeding tubes for urinary catheterization of premature infants.

She is a devoted MS volunteer and, with her husband, will be riding for the fourth year in the Great Mass Getaway - a 150-mile bike ride to raise money to fight MS.

Carina Sterling is a certified critical care nurse, working on her master’s in advanced practice nursing at UCLA. Her first bachelor’s was in exercise science from George Washington University. She then received a BSN from Johns Hopkins. She is clear on her career goals: she wants to work as a family nurse practitioner in an urgent care or congenital heart defect clinic, teach in a clinical setting and perform mission work in a local or international setting.

She has assisted UCLA’s nurse recruiter with tours and educational experiences for visiting high school students and with UCLA’s summer nurse externship for juniors in nursing school. These experiences, as well as precepting new nurse graduates in the cardiothoracic ICU, have fostered her love of teaching and once she has her master’s, she is hoping to teach in one of the ADN or BSN programs in the Los Angeles area.

Christine Strayhorn is studying for her master’s in the family nurse practitioner program at Duke. She was a sophomore at the University of North Carolina, Chapel Hill, when her father became seriously ill with cancer. She cancelled her semester’s classes to help in his recovery and it was that experience that motivated her to pursue a career in nursing.

Now, after nine years of hospital experience, she looks forward to working as an FNP in an outpatient setting, preferably in an underserved area in North Carolina. While going to school full time, she works occasionally through a nurse staffing agency and volunteers twice a month in the medical clinic of the local men’s and women’s homeless shelters.

Felicia B. Williams, the winner of the Estelle Osborne Minority Scholarship, is working on her master’s through the University of Phoenix. Her goal is to be a family nurse practitioner, working in psychiatry or the emergency room.

She has worked for many years on an inpatient psychiatric unit and was witness to some of the harsh realities that can occur in an underserved area, particularly for the uninsured.

She believes the mentally ill are often treated as second-class citizens and says her own mother was undiagnosed bipolar for many years and was ashamed to seek help. She hopes to be an instrument for change in the perception of mental illness.
DOCTORAL STUDENTS
PLAN CAREERS
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Shannon particularly enjoys teaching and working with families and students. Her dissertation research is on perception of cardiovascular health risk and adherence to health recommendations. Health promotion is her passion and her goal is to help patients to perceive enough benefit in following recommended guidelines to make a long lasting change in their health behavior.

George H. Cox has his BSN from California State University - Fresno and was the 1988 distinguished honor graduate of the US Army-Texas Wesleyan Program in Anesthesiology for Army Nurse Corps Officers which awarded his master of health science degree in anesthesia nursing. He is a candidate for a doctorate in nursing practice at Rush University. His doctoral project is a crew-based training program designed to improve attitudes and enhance effectiveness of the anesthesia care team.

Mr. Cox has taught in the US Army Medical Research Institute’s course on management of chemical casualties; as a basic and advanced cardiac life support instructor; and as a primary and advanced flight instructor. He has an FAA commercial pilot rating and is certified as a flight instructor and as an advanced open water scuba diver.

Kim Francis has had 16 years of experience in neonatal intensive care, the last two as neonatal clinical nurse specialist at Mass General. She is in the PhD program at Boston College and will focus her research on nurses’ assessment and understanding of pain in extremely low birth weight infants. She projects her future in this research both for her dissertation and well beyond.

Ms. Francis’ basic nursing was at Newport Hospital School of Nursing, her bachelor’s from Salve Regina University in Newport and her master’s from Boston College.

Brian M. French is studying for a combined master’s and PhD at Boston College, majoring in adult health and preparing for a faculty/nurse scientist position. His bachelor’s is from the University of Connecticut and he has a master’s from Simmons College in Boston. He is currently Knight simulation program manager in the Institute for Patient Care at Mass General and clinical assistant professor of nursing at Massachusetts College of Pharmacy and Health Sciences School of Nursing.

In his doctoral work, he plans to design a study evaluating the effectiveness of simulation on the clinical decision making and ethical reasoning abilities of staff nurses. His premise is that with simulation educators can approximate the reality of the clinical setting while minimizing risk, engaging students more actively in the learning process and testing critical thinking and decision making.

Kathleen M. Hall has always been interested in the application of physical activity (PA) to vulnerable populations. Upon receiving her bachelor’s in kinesiology, she taught exercise programs in an orthopedic rehabilitation setting. After obtaining her BSN and MSN degrees, she continued to focus on how PA contributes to the health and well-being of older adults. She is a gerontologic nurse practitioner and has focused on community programs to promote wellness for older adults and health screening and fitness programs to promote health and delay frailty. For three years she worked in the Indian Health Service with clients of all ages where she strengthened her appreciation of cultural competency.

Now a doctoral candidate at the University of Arizona, she hopes to become tenured faculty in a university setting and to pursue research on factors motivating PA in older adults.

Kelli Sridham Hall recognized a passion for the health of adolescent and young women early in her career. A positive experience with an advanced practice nurse in her own college health service made her realize that nursing was the ideal profession for her. While completing her bachelor’s and master’s degrees at the University of Kentucky she gained clinical experience in emergency and pediatric settings and worked as a staff nurse in a level one trauma ICU. Now enrolled in Columbia University’s School of Nursing research doctoral program, she teaches master’s and entry-to-practice nursing students and works as a nurse practitioner in a family planning practice.

Through research-intensive coursework and training with interdisciplinary mentors in Columbia’s School of Public Health and College of Physicians and Surgeons, Ms. Hall is preparing to become an independent nurse scientist. Her doctoral dissertation will examine psychological considerations in family planning.

Cynthia LaFond is a clinical nurse educator in the pediatric intensive care unit at the University of Chicago Hospitals. Beginning on a general medicine floor, then a medical ICU and finally a pediatric intensive care unit, she has taken on leadership and preceptor roles. Among her accomplishments: she helped to restructure the pediatric nursing orientation, developed curriculum and guidelines for a pediatric emergency response team and trained other nurses new to the educator role. Now a student in the BSN to PhD program at the University of Illinois at Chicago, she will focus her research on pain control, particularly on nursing barriers to pain control in nonverbal pediatric patients. Her bachelor’s degree is from the University of Iowa.

Christine Murphey has more than 10 years of experience in maternal-child nursing, including labor and delivery, staff education, school nursing and education for ADN, BSN and MSN students. She is currently a doctoral candidate at the University of Texas at Austin where she earned her MSN. Her BSN is from Texas A&M, Corpus Christi. Her proposed research will focus on oral health among pregnant and parenting minority adolescent girls.

Ms. Murphey is also completing a doctoral portfolio in women and gender studies. She has been selected to attend the National Institute of Nursing Research 2008 Summer Genetic Institute where she will spend eight weeks at the NIH campus in Bethesda studying molecular genetics.

She has also been selected as one of 14 Texas nurses to attend the Texas Nurses
Association’s Leadership Institute, an immersion course for emerging nurse leaders.

**Penni I. Watts** is pursuing a PhD in nursing informatics at the University of Alabama at Birmingham. Her bachelor’s is from Auburn, her master’s in adult health from Troy State. She works as a critical care nurse at UAB Hospital and she enjoys the complex, fast-paced world of critical care.

She believes that bedside nursing is often overlooked as a critical element in the care of patients and she sees the need to integrate appropriate computer systems at the bedside to manage the vast amount of information that is necessary to care for patients. Her primary interest of research is the improvement of clinical decision making for bedside nurses using decision support pieces.

Another area of interest intertwined with her career goals is clinical simulation. In conducting research in decision support and clinical decision making, she believes simulation may be an effective way to evaluate various techniques.

**Patricia Wright** is a doctoral candidate at Loyola University in Chicago. When she had finished her bachelor’s at Misericordia University in Dallas, Pennsylvania, she worked as a medical-surgical nurse, mainly with elderly patients. She became interested in end-of-life decision making and end-of-life care and she began working as a hospice home care RN.

To expand her knowledge of palliative care, she returned to Misericordia for her master’s degree and then accepted a position as a clinical nurse specialist in an acute care setting where she was able to start a palliative care committee. She became involved in the Pennsylvania Hospice Network and worked to develop best practice guidelines for palliative care in the acute care setting.

She also began to teach medical-surgical nursing and found professional fulfillment in teaching which led to her doctoral study. She has completed her coursework, defended her research proposal and has recently received IRB approval of her research which is a grounded theory study of maternal perinatal bereavement.

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**2008 NEF SCHOLARSHIP WINNERS**

**DOCTORAL AWARDEES**
- Jeanne Alhusen, Johns Hopkins University
- Karla Baning, University of Arizona
- Shannon Cohen, University of Hawaii, Manoa
- George Cox, Rush University
- Kim Francis, Boston College
- Brian French, Boston College
- Kelli Hall, Columbia University
- Kathleen Hall, University of Arizona
- Cynthia LaFond, University of Illinois at Chicago
- Christina Murphey, University of Texas, Austin
- Penni Watts, University of Alabama, Birmingham
- Patricia Wright, Loyola University

**MASTER’S AWARDEES**
- Kristen Bradley, University of California, Los Angeles
- Susan Hatfield, Xavier University
- Mary Johnson, Walden University
- Kelly Kollar, Northeastern University
- Carina Sterling, University of California, Los Angeles
- Christine Strayhorn, Duke University
- Lindsay Thomas, University of California, San Francisco
- Felicia Williams, University of Phoenix
Why Contribute to NEF?

1. NEF's only purpose is to provide scholarship assistance to make advanced nursing education possible.
2. NEF is the largest single, private, professionally endorsed source of funds for advanced study in nursing.
3. NEF is a non-profit 501(c)(3) organization, thus your contributions are fully tax-deductible.
4. NEF is managed by leaders from the nursing, education, and business communities.

Contributions can be designated to any of the named scholarship funds. An endowed fund requires a minimum contribution of $50,000. All contributions are tax-deductible and 100% are used to finance scholarships. No administrative costs are deducted.